

PROJECT #180 Learning to Jump

Member should be knowledgeable with the following:

- Equipment/tack needed for jumping
- Stirrup length; leg use
- Common mistakes of horse and/or rider when jumping and ways to correct them
- Adding variety to jumps
- Phases of a jump
- Riding exercises on a longe line and flat work in relation to jumping
- Simple commands/aids for jumping and how used
- Refusing a jump
- Warming up the rider and the horse
- Terms: good seat, heavy hands, good jump position, cavaletti, in & out